**A black background with a black square

Description automatically generated with medium confidence**

**HOW TO MAKE CHANGES TO YOUR COMPETITION ENTRY – (VFE-Verification Final Entry)**

[www.weightlifting.nz](http://www.weightlifting.nz)

Calendar

Click on competition that you entered

A screenshot of a computer

Description automatically generated

Enter your email

Enter your DOB

**Payment ID- you find on the confirmation email you received after your original entry.**

A screenshot of a sports form

Description automatically generated

TO WITHDRAW FROM COMPETITION – CLICK “ENTERED” AND SELECT WITHDRAWN