

## How to enter a competition

Log onto website - www.weightlifting.nz Home/Calendar Choose year of competition - could be 2024 or 2025 Find the competition from the list that appears Click on the competition name Are you a member of WNZ-you MUST be a member to enter a competition Enter your personal details - continue Complete BWT and Entry totals PAY Competition Fee

Upon payment you will be sent a confirmation email

Keep a note of the payment ID from confirmation email in case you require VFE

## NOTE THAT THE REGISTRATION CLOSED DATE EG 17 JANUARY MEANS COMPETITION HAS CLOSED – IT WAS CLOSED MIDNIGHT 16 JANUARY