



Affiliated to the International Weightlifting Federation

# RON'S REPORT



January 2023

## FOREWORD

Below is a statistical summary of the action during 2022:

### Participation:

A total of 477 affiliated lifters (233 males and 244 females) competed during 2022, comprising as follows:

344 Senior lifters (163 males and 181 females) which included 154 Masters (68 males and 86 females)

51 Junior lifters (28 males and 23 females)

76 Youth lifters (40 males and 36 females)

6 U12 lifters (2 males and 4 females)

Breakdown for the 233 Male lifters was 163 senior, 28 junior, 40 youth and 2 U12 and for the 244 Female lifters it was 181 senior, 23 junior, 36 youth and 4 U12.

An encouraging number of competitors this year, only just below the record of 499 in 2019. This was due mainly to the increased number of Masters lifters, easily the highest that we've ever had.

### Gradings

A total of 226 lifters (108 males and 118 females) attained grading status during 2022, comprising as follows:

Elite - 2 (1 male, 1 female)

International - 14 (4 male, 10 female)

A grade - 24 (12 male, 12 female)

B grade - 34 (11 male, 23 female)

C grade - 77 (40 male, 37 female)

D grade - 65 (36 male, 29 female)

E grade - 10 (4 male, 6 female)

### Most Improved

Once again, a large number of lifters made excellent improvements during the year, including the following:

#### MALE-SENIOR:

<u>Lifter:</u>	<u>2021</u>	<u>2022</u>	<u>Increase</u>
1. Matthew Norrish (OTW)	118	170	52
2. Alex Wilson (WWC)      203	243	40	
3. Sean Chua (RBC)	190	224	34
4. Roberto Cerezo (MWC)	184	215	31
5. Abraham Smith (TOW)	195	223	28

<u>New Lifters:</u>	<u>Start</u>	<u>Finish</u>	<u>Increase</u>
1= Stewart Kautai (FSO)	145	190	45

1= Peter Sese (OTW)		165		210	45
3. Luke Pienaar (OTW)	100		135		35
4. Malcolm Wong (FSO)		180		214	34
5. Richie Patterson (FSO)		241		270	29

### **MALE-JUNIOR:**

<u>Lifter:</u>		<u>2021</u>		<u>2022</u>	<u>Increase</u>
1. Xavier Tiffany (WWC)		254		296	42
2. Ryan Robb (FSO)		115		145	30
3= Jake Beaumont (CSI)		182		210	28
3= Avery Fesolai (SHW)		204		232	28

Xavier Tiffany(WWC) has now improved his total by 100 kg during the last two years (2021-2022).

Johan Roberts (CCW) has increased his total by 195 kg during the last five years (2018-2022).

<u>New Lifters:</u>		<u>Start</u>		<u>Finish</u>	<u>Increase</u>
1. Robert Peacock (LIM)		190		220	30
2= Anton Juan (POB)		190		215	25
2= Numi Tepulolo (WBC)		242		267	25

### **MALE-YOUTH:**

<u>Lifter:</u>		<u>2021</u>		<u>2022</u>	<u>Increase</u>
1. Kieran Pierre (CSI)		125		180	55
2. Cameron Blair (NOO)		105		159	54
3. Caleb Flanagan (CSI)	105		155		50
4. Ethan Fox (CSI)		66		115	49
5. Jeremy Manteiga (OTW)		59		100	41
6. Jaziah Parish (CSI)		80		119	39

<u>New Lifters:</u>		<u>Start</u>		<u>Finish</u>	<u>Increase</u>
1. Issys Schuster (POW)		135		205	70
2. Michael Sheen (CSI)	130		155		25

### **FEMALE-SENIOR:**

<u>Lifter:</u>		<u>2021</u>		<u>2022</u>	<u>Increase</u>
1. Elaina Moulds (HOT)		100		177	77
2= Alice Miller (FSO)		90		116	26
2= Samantha Hansen (MOU)		189		215	26
4. Ellen MacKenzie (SHW)		91		115	24
5. Anna Wishnowsky (FSO)		125		148	23
6. Carly Cable Dixon (MWC)		148		170	22

<u>New Lifters:</u>		<u>Start</u>		<u>Finish</u>	<u>Increase</u>
1= Georgia Cole (NBC)	100		130		30
1= Susana Nimo (POW)	180		210		30
3. Wendy Costar (LIM)	100		127		27
4. Phillipa Patterson (FSO)		125		151	26
5. Stephanie Cockerill (PSB)		146		171	25
6. Tyler Reid (WWC)		168		192	24

### **FEMALE-JUNIOR:**

<u>Lifter:</u>		<u>2021</u>		<u>2022</u>	<u>Increase</u>
1. Christina Longmuir (NOO)		105		139	34
2. Litia Nacagilevu (NWC)		154		173	19
3= Rachel Duncan (PBC)		178		191	13
3= Jaelyn Su'a (POW)	171		184		13

5. Emma Wilson (OTW)		89	101		12
6= Shelby Wells (PNW)	139		150	11	
6= Felicity Beatson (MOU)		144	155		11

<u>New Lifters:</u>		<u>Start</u>	<u>Finish</u>	<u>Increase</u>
1= Emma Pettigrew (OTW)		120	144	24
1= Sienna Fesolai (SHW)		127	151	24
3. Jorja Henderson (PNW)		115	130	15
4. Petra Currie (FSO)		55	67	12

### **FEMALE-YOUTH:**

<u>Lifter:</u>		<u>2021</u>	<u>2022</u>	<u>Increase</u>
1. Vesna Vesi (POW)		110	148	38
2. Aaliyah Nelson (POW)		77	111	34
3= Carmi Oosthuizen (OTW)		104	133	29
3= Manaia Raymond (POW)		62	91	29
5. Mollie King (PNW)	104		124	20

<u>New Lifters:</u>		<u>Start</u>	<u>Finish</u>	<u>Increase</u>
1. Gabriella Napper (CWA)		155	178	23
2. Arabella Latu (POW)	96		118	22
3. Miya Harding-Nation (NBC)	45		66	21

### **2022 OWNZ National Records Summary** **(as at 31st December)**

Finally, a total of 387 National records were officially ratified in 2022 - here's a 'breakdown' of all those records:

#### **MEN (147):**

##### **Senior (5)**

Vester Villalon (4)  
Koale Tasi Tala (1)

##### **Junior (1)**

Avery Fesolai (1)

##### **U15 (18)**

Keiran Pierre (7)  
Michael Sheen (5)  
Xavier Halliday (4)  
Jaziah Parish (2)

##### **Masters (123)**

Boris Prokofiev (21)  
Lester Keene (12)  
Daniel Ryan (11)  
Grant Boyd (8)  
Richie Patterson (8)  
Abraham Smith (8)  
Robert Jordan (7)  
Malcolm Wong (7)  
Graeme Evans (6)  
Gregory Bahler (5)  
Emilio Marquez (5)  
Mark White (5)  
Justin Heurea (4)  
Carl Bevan (3)  
Ray Everest (3)

Reece Godinet (2)

Sam Manuela (2)

Vishal Mehta (2)

Jarrad Bone (1)

Iain Harris (1)

Andy Jameson (1)

Colin Klenner (1)

**WOMEN (240)**

**Senior (9)**

Elizabeth Granger (4)

Kanah Andrews-Nahu (2)

Hayley Whiting (2)

Rioana Froger (1)

**Junior (12)**

Rachel Duncan (6)

Olivia Selemaia (6)

**Youth (19)**

Olivia Selemaia (8)

Litia Nacagilevu (6)

Gabriella Napper (5)

**U15 (12)**

Litia Nacagilevu (12)

**Masters (188)**

Karen Lloyd (20)

Rene Baarspul (17)

Odette Smith (17)

Victoria Blair (16)

Lindsay Cunningham (16)

Anne Haw (15)

Stacey Cramp (11)

Kelly Ihaka-Pitama (10)

Stephanie Cockerill (7)

Fiona Norton (7)

Debbie Downing (6)

Renee Maclellan (5)

Paule Poulin (5)

Gloria Tasi (5)

Kirsten Walker (5)

Maggie Chang (4)

Karen Ladbrook (3)

Beatrice McFarland (3)

Claire Nahi (3)

Jamie Ogilvy (3)

Sachiko Kawakami (2)

Lyn Mayes (2)

Lisa Tetzlaff (2)

Julie Manderson (1)

Phillipa Patterson (1)

Belinda Sidnam (1)

Tanya Waikato (1)

Finally, my regards and best wishes to all members for a successful year in 2022.

Ron Mann

WNZ Statistician & Record Keeper