



**Welcome to the 2022 SOUTH ISLAND CHAMPIONSHIPS,  
hosted by  
HCC Barbell  
and  
Weightlifting New Zealand**

## **FINAL EVENT SCHEDULE**

Thank you for taking part in the South Island Championships. This event wouldn't have been able to happen without the support of our event sponsors;



This document contains important information about the event; please read carefully!



## Final Schedule

Please note the only changes from the preliminary schedule is a slight difference in session times (3 & 4) on Saturday. The event is expected to finish at approximately 6pm on Saturday, and 3:45pm on Sunday.

| Schedule        |              |                     |
|-----------------|--------------|---------------------|
| Session         | Presentation | Weightclass(es)     |
| <b>Saturday</b> |              |                     |
| 1               | 9:00         | W55, W59, W64       |
| 2               | 11:00        | M61, M67, M73       |
| 3               | 14:00        | W71                 |
| 4               | 16:00        | M81                 |
| <b>Sunday</b>   |              |                     |
| 5               | 9:00         | M89, M96            |
| 6               | 11:15        | W76, W81, W87, W+87 |
| 7               | 13:30        | M102, M109, M+109   |

## Competition Venue Location

Hale Compound Conditioning is located at 27 Osborne Street in Waltham. There is limited parking onsite and additional street parking available.

## Spectator Information

Spectators are welcome; we ask that if any children attend that they remain with their parents at all times. If anyone is bringing grand parents or elders please let us know ahead of time so we can make sure there is seating always available for them.

Disposable masks and hand sanitiser will be available. Please do not to attend if feeling unwell. The event will be livestreamed with commentary for anyone unable to attend in-person!

## Event Merchandise

Event t-shirts will be available to collect from the check-in table at the event.

We are excited to let you know that thanks to our event sponsors all athletes will now receive a t-shirt. Those who had already ordered and paid will be issued a refund (at the event).

## Technical Officials Course

A reminder the Technical Officials training will take place at 5pm on Friday evening. Thank you for the excellent response to this.

## Entrant List

Athletes born 2002 and after are eligible for Junior placings. All athletes are eligible for Senior placings at this event.

Athletes born between 2005 – 2009 will be considered for best overall youth lifter (ages 13-17)

Athletes born between 2002 – 2007 will be considered for best overall junior lifter (ages 15-20)

Athletes born 2007 or earlier will be considered for best overall senior lifter (ages 15 and over)

Athletes born 1987 or earlier will be considered for best overall masters lifter (ages 35 and over)

| Name              | Club                                    | DOB  | WC   | Entry Total |
|-------------------|---|------|------|-------------|
| Jennifer Brown    | Christchurch City Weightlifting Pirates | 1964 | W55  | 75          |
| Koren Hale        | HCC Barbell                             | 1979 | W55  | 70          |
| Miriana Kelly     | HCC Barbell                             | 2007 | W55  | 42          |
| Hannah Close      | Otago Weightlifting                     | 1998 | W59  | 145         |
| Louise Richards   | Otago Weightlifting                     | 1998 | W64  | 125         |
| Katherine Neilson | Christchurch City Weightlifting Pirates | 1994 | W64  | 120         |
| Carmi Oosthuizen  | Otago Weightlifting                     | 2008 | W64  | 110         |
| Taylor Hamilton   | Otago Weightlifting                     | 2004 | W64  | 105         |
| Amani Cahyono     | Otago Weightlifting                     | 1999 | W64  | 82          |
| Rayna Russell     | Nelson Weightlifting Club               | 1996 | W71  | 140         |
| Yun Lung          | Christchurch City Weightlifting Pirates | 1995 | W71  | 128         |
| Karen Ladbrook    | Otago Weightlifting                     | 1976 | W71  | 120         |
| Emma Pettigrew    | Otago Weightlifting                     | 2002 | W71  | 120         |
| Nicole Stowers    | Plus64 Weightlifting Club               | 1991 | W71  | 120         |
| Chloe Hawthorn    | Otago Weightlifting                     | 2000 | W71  | 110         |
| ELizabeth Kelly   | HCC Barbell                             | 1971 | W71  | 45          |
| Jardena Still     | Otago Weightlifting                     | 1991 | W76  | 137         |
| Vicky Blair       | Victory Barbell                         | 1972 | W76  | 110         |
| Chanel Pienaar    | Otago Weightlifting                     | 1992 | W81  | 120         |
| Julie Manderson   | Nelson Weightlifting Club               | 1970 | W81  | 116         |
| Karla Hewitson    | HCC Barbell                             | 1976 | W81  | 80          |
| Rhonda Hira       | HCC Barbell                             | 1965 | W87  | 40          |
| Kiri Calvert      | Otago Weightlifting                     | 2005 | W87+ | 120         |
| Zoe Fitzgerald    | Nelson Weightlifting Club               | 2001 | W87+ | 120         |
| Bailee Anderson   | HCC Barbell                             | 2009 | W87+ | 42          |

| Name          | Club                          | DOB  | WC  | Entry Total |
|---------------|-------------------------------|------|-----|-------------|
| Darren Brabbs | Canterbury Strength Institute | 2005 | M61 | 159         |
| Lochlan Webb  | Otago Weightlifting           | 2004 | M61 | 140         |

|                        |   |      |       |     |
|------------------------|---|------|-------|-----|
| Oliver Rohtmets        | Otago Weightlifting                     | 2005 | M61   | 124 |
| Jake Beaumont          | Canterbury Strength Institute           | 2004 | M67   | 185 |
| Reece Godinet          | Otago Weightlifting                     | 1983 | M67   | 180 |
| Torin Webb             | Otago Weightlifting                     | 2004 | M67   | 160 |
| Lester Keene           | Nelson Weightlifting Club               | 1965 | M67   | 150 |
| Riley Barton           | Nelson Weightlifting Club               | 2008 | M67   | 84  |
| Ali Hale               | HCC Barbell                             | 2008 | M67   | 52  |
| Owen Webb              | Otago Weightlifting                     | 1999 | M73   | 214 |
| Jahrell Singh          | Canterbury Strength Institute           | 2006 | M73   | 170 |
| John Cruz              | Victory Barbell                         | 1982 | M73   | 152 |
| Cole Jones             | Otago Weightlifting                     | 2005 | M73   | 130 |
| Adam Squires           | Guest                                   | 1997 | M73   | 130 |
| Julian Harker          | Otago Weightlifting                     | 2003 | M81   | 190 |
| Cameron Smith          | Christchurch City Weightlifting Pirates | 1992 | M81   | 250 |
| Aidan Te Wake - Hope   | Plus64 Weightlifting Club               | 1997 | M81   | 235 |
| Declan Ward            | Otago Weightlifting                     | 1996 | M81   | 210 |
| Edward Keene           | Nelson Weightlifting Club               | 1968 | M81   | 188 |
| Ian Liddle             | Otago Weightlifting                     | 1996 | M81   | 180 |
| Kurtiz Visser-Hira     | Canterbury Strength Institute           | 2003 | M81   | 165 |
| Xavier Halliday        | Canterbury Strength Institute           | 2007 | M81   | 125 |
| Jaziah Parish          | Canterbury Strength Institute           | 2008 | M81   | 110 |
| Ethan Fox              | Canterbury Strength Institute           | 2008 | M81   | 95  |
| Kieran McGovern        | Otago Weightlifting                     | 2000 | M89   | 250 |
| Jarrad Bone            | Victory Barbell                         | 1982 | M89   | 200 |
| Soo-Wee Ong            | Otago Weightlifting                     | 1981 | M89   | 195 |
| Curran Power           | Christchurch City Weightlifting Pirates | 1997 | M89   | 180 |
| Sam Twamley            | Nelson Weightlifting Club               | 2004 | M89   | 134 |
| Michael Sheen          | Canterbury Strength Institute           | 2007 | M89   | 130 |
| Tim Carey              | Christchurch City Weightlifting Pirates | 2003 | M96   | 230 |
| Wilfred Griffiths      | Christchurch City Weightlifting Pirates | 2001 | M96   | 190 |
| Matthew Norrish        | Otago Weightlifting                     | 1990 | M96   | 150 |
| Douglas Sekone-Fraser  | Christchurch City Weightlifting Pirates | 1991 | M96   | 150 |
| Patrick Sefo-Cloughley | Otago Weightlifting                     | 2003 | M102  | 240 |
| Matthew Broughton      | Christchurch City Weightlifting Pirates | 1992 | M102  | 220 |
| Daniel Clarke          | Otago Weightlifting                     | 1986 | M102  | 170 |
| Jack McNeill           | Otago Weightlifting                     | 1999 | M102  | 140 |
| Morehu Hazel           | HCC Barbell                             | 2008 | M102  | 52  |
| Wi-Xavier Jones-Fiso   | HCC Barbell                             | 2008 | M102  | 52  |
| Aden Zhu               | Canterbury Strength Institute           | 1997 | M109  | 240 |
| Keiran Pierre          | Canterbury Strength Institute           | 2008 | M109  | 175 |
| Caleb Flanagan         | Canterbury Strength Institute           | 2006 | M109  | 120 |
| Callan Helms           | Otago Weightlifting                     | 1993 | M109+ | 250 |
| Sean Barton            | Nelson Weightlifting Club               | 1987 | M109+ | 130 |

## Coaches

Please be aware that anyone entering the warm up area during the competition must hold a current Weightlifting New Zealand membership. Any coach who does not already hold a Competitor or Life membership must register as an Associate or Technical Official ahead of the event.

Spot checks will be carried out during the event and anyone found without a current membership will be asked to leave the warm up area.

## Competition Rules

- Athletes are required to compete in the weight class they are registered come the end of **VOE**.
- Weigh in will take place between two and one hours before presentation. Any athlete unable to make their weight class by the end of the official one-hour weigh-in will not be allowed to compete.
- Any athlete who fails to register a snatch **will** be permitted to continue to the clean and jerk portion of the competition if they wish, however will not register a total or be eligible for medals.
- The IWF 6.6.5 20kg rule applies; the total from opening snatch and clean and jerk lifts must equal or exceed 20kg below the athlete's declared total.
- Uniform requirements are to be of IWF standard. For details please read this [explanation](#). Any non-compliant athletes will not be permitted to compete until requirements are met.
- Any inappropriate behaviour including refusal to comply with the instruction of technical officials, abusive and other unsporting behaviour that unnecessarily disrupts the event or harms other participants, may result in the Event Manager or Technical Officials Manager to remove an individual from the competition.

## Anti-Doping

All WNZ events are subject to drug testing by the Drug Free Sport New Zealand, who may be present at the event.

## Contact Information

In the case of any questions regarding the event please contact Gabi Peach via email; [sport@weightlifting.nz](mailto:sport@weightlifting.nz)

Please direct general queries to [info@weightlifting.nz](mailto:info@weightlifting.nz)