



PRELIMINARY ENTRY INFORMATION

The 2022 National Championships will incorporate the New Zealand Masters and New Zealand Junior & Senior Championships, and an Adaptive Weightlifting trial session (to be confirmed). The event is scheduled to take place in a dual platform format over Friday November 25th and Saturday November 26th. If required as a result of over-subscription, Sunday November 27th is available as a spare day.

Also included within this event will be the 2022 Weightlifting New Zealand AGM, and 2022 Annual Awards- specific dates and timings to be announced.

This document outlines important event eligibility information and dates, in line with the Weightlifting New Zealand bylaws and approved by the Weightlifting New Zealand Sports Commission.

Further entry information will be released ahead of entries opening, which will be in September.

Please note that entry into the 2022 event will be \$150. This is a price increase on previous years, reflective of standard of the event and the costs associated with putting it together.



NATIONAL MASTERS CHAMPIONSHIPS

The 2022 New Zealand Masters Championships are scheduled to take place on Friday November 25th 2022 (maximum of 8 sessions). The Masters Championships will take place *separately* from the Junior & Senior Championships and adhere to IWF Masters rules and regulations.

In order to enter athletes must

- Be turning 35 (born 1987 or earlier) or older in 2022
- Have participated in at least one WNZ-sanctioned event between 1 January and 23 October 2022*
- Be comfortable opening on a minimum of 21kg (women) or 26kg (men) in both the snatch and the clean & jerk
- Have a current WNZ membership and meet all membership conditions

Masters athletes who attain C Grade during the qualifying period of 1 January and 23 October are eligible to compete in the Senior Championships and have the following options;

- Participate in the Masters Championships and have results included within the Senior Championships results (akin to a B session)
- Participate in only the Senior Championships (results will not be retrospectively considered within the Masters Championships)

It is unreasonable to expect to be able to compete in *both* events due to their proximity. Please note athletes in this situation will be required to make a choice at time of entry- no changes will be permitted following the close of entries.

Awards: Medals will be awarded for the top three placings in each weight class within each age category. New Zealand records can be set at this event.

*Athletes based overseas may meet this requirement by participating in an event sanctioned by another Federation, however must advise WNZ of this **before** taking part (not retrospectively). Athletes unable to meet this requirement for any reason will be able to apply for exemption. Please note exemption will not be granted for any athlete seeking to take part in the National Championships as their first weightlifting competition.



NATIONAL JUNIOR CHAMPIONSHIPS

The 2022 New Zealand Junior & Senior Championships are scheduled to begin on either Friday November 25th or Saturday November 26th 2022 (following the conclusion of the Masters Championships) and may extend to Sunday November 27th if required. Junior athletes will compete alongside Seniors in the same sessions.

In order to enter athletes must

- Be born between 2009 and 2002 (13- 20 years in 2022)
- Have attained at least D Grade in a WNZ-sanctioned event between 1 January and 23 October 2022*
- Have a current WNZ membership and meet all membership conditions

Youth but not Junior athletes (13 & 14 years old) who attain D Grade **are** eligible to compete as Juniors and receive medals.

Youth and Junior athletes who attain **C Grade** or higher will have their results considered for both Junior and Senior placings.

Please note athletes will only be able to set New Zealand records within their respective age categories, and results included on the applicable national ranking lists.

Awards: Medals will be awarded for the top three placings in each weight class. New Zealand records can be set at this event.

*Athletes based overseas may meet this requirement by participating in an event sanctioned by another Federation, however must advise WNZ of this **before** taking part (not retrospectively). Athletes unable to meet this requirement for any reason will be able to apply for exemption. Please note exemption will not be granted for any athlete seeking to take part in the National Championships as their first weightlifting competition.



NATIONAL SENIOR CHAMPIONSHIPS

The 2022 New Zealand Junior & Senior Championships are scheduled to begin on either Friday November 25th or Saturday November 26th 2022 (following the conclusion of the Masters Championships) and may extend to Sunday November 27th if required. Senior athletes will compete alongside Juniors in the same sessions.

In order to enter athletes must

- Be born 2009 or earlier (turning at least 13 in 2022)
- Have attained at least C Grade in a WNZ-sanctioned event between 1 January and 23 October 2022*
- Have a current WNZ membership and meet all membership conditions

Awards: Medals will be awarded for the top three placings in each weight class. Please note results from eligible athletes who competed in the Masters Championships will be included in Senior results. New Zealand records can be set at this event.

*Athletes based overseas may meet this requirement by participating in an event sanctioned by another Federation, however must advise WNZ of this **before** taking part (not retrospectively). Athletes unable to meet this requirement for any reason will be able to apply for exemption. Please note exemption will not be granted for any athlete seeking to take part in the National Championships as their first weightlifting competition.